



## PHOTO, VIDEO & ART CONTEST FOR CANADIAN INDIGENOUS YOUTH



Celebrating the rich cultural & heritage traditions of Indigenous people, FORED sponsors this annual contest with cash prizes for Indigenous youth.

**DEADLINE:**  
**MAY 23, 2025**

Theme: **Traditional Knowledge & Medicine** Prize: 4 x \$150 prizes with at least one national winner. *Group work shares prize.* 💰



Interview a local elder about homemade salal tea on video? Creativity of all kinds is welcomed.

Contest Details: Please submit entries via the easy entry form on our website. <https://www.foredbc.org/traditional-knowledge-contest>  
Entries may also be mailed to the address at bottom.

- Eligibility: youths aged 5-18 of First Nations, Inuit, Métis, or self-declared ancestry.
- Participants must include their name, band affiliation/ancestry, home address, phone & email address, parent & teacher contact, grade & school on [website entry form](#) or with mailed entries.
- Please include a brief description of how your artwork relates to traditional knowledge and medicine. **DEADLINE: May 23/25**

- All original artistic work accepted: i.e. pencil, crayon, paint, mural, collage, photos, animations, videos etc. (.jpg, .pdf, .png, .mp4, .MOV). **Minimum image size 2MB.** Videos must be less than 3 min. **Please have someone take a photo of you with your artwork if possible.**
- By entering, winners agree their names & entries can be published in local & social media, or displayed on BC Ministry of Education sites for Indigenous People's Day, June 21, & our [website](#).
- All entrants qualify for complimentary, honorary youth membership. No commercial use of entries.
- **Mailed entries won't be returned. Only winners will be notified.**
- See how Indigenous volunteer mentors integrate traditional knowledge into natural resources practices on our [YouTube](#). **Follow us on social @foredbc.**
- Complimentary teacher & youth activities by age group on Indigenous culture available [here](#).

**Questions? Email [education@foredbc.org](mailto:education@foredbc.org).**

FORED BC is a charitable association established in 1925. We work with volunteers on community-based sustainability projects. We thank our generous donors; the Province of BC & the Vancouver Foundation.



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Support balanced education about our environment & sustainable natural resources. Trusted since 1925.

