



# This Summer Travel, Work and Improve your French!

Join the YMCA Summer Work Student Exchange (SWSE) Program



June 27 to August 8, 2026

## Will you be 16 or 17 this summer?

Sign up for SWSE and for six weeks you can:

- Travel to Québec and get a chance to expand and practice your French skills
- Meet youth on exchange and make new friends
- Get paid work experience during your exchange
- Stay with a local host
- Enjoy fun group activities exploring your surroundings
- Build on your skills for the future!

Qualified staff will support you through the entire experience. The program will cover the cost of travel between provinces and program activities. There is a modest fee to participate.

Your family must also receive a youth participant at home while you are away. If this is a challenge, please get in touch.



Become a host family. When you share your home with a youth participant, you are providing a cross-cultural experience, making a meaningful contribution in participants lives and helping to forge new connections.

Any adult can apply to host a youth on exchange from another part of the country for six weeks.

Your support will include:

- Meals and a comfortable place to stay
- Inclusion in family structure and activities
- Guidance to the youth in new surroundings

Youth will work full-time during weekdays and attend group activities during weekends, so they'll be busy!

Program coordinators will be there to support you. If you need financial assistance to qualify as a host or have any other questions please contact us.

## Employ a youth participant. As a non-profit organization, you can provide employment to youth this summer at minimal cost.

The SWSE program will subsidize your new employee's salary at the minimum wage in your province, up to 35 hours/week.

You will provide:

- Six weeks of professional exposure
- Opportunities for skills development
- Supportive supervision

You can play an invaluable role in young people's career growth! Apply online to get started.



Register online at: [swse.ymcagta.org](http://swse.ymcagta.org)

Follow us @ymcaexchanges

Ask us questions at: [info-SWSE@ymcagta.org](mailto:info-SWSE@ymcagta.org)



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